

# Priory News

Educating Students for Success in Life

## HEALTH & WELLBEING FARE

On Wednesday 10th October, to mark World Mental Health Day, The Priory School held a Mental Health & Wellbeing Fayre.

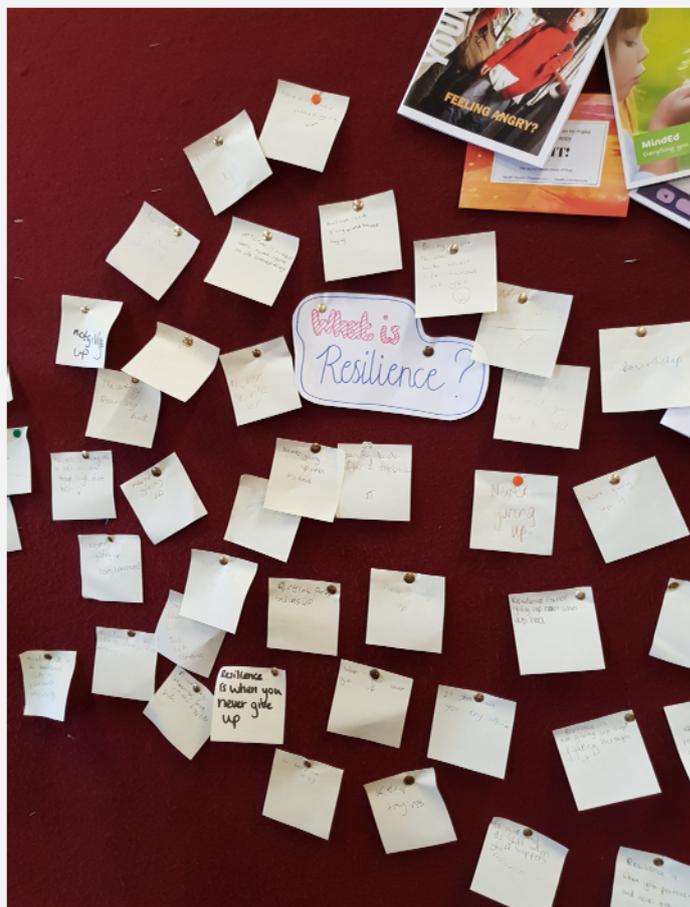
There were lots of agencies and charities in attendance to talk to students and they gave away some great freebies.

Charities such as Samaritans, Kooth, Hope UK and Phase were there, along with Zeo Church, Youth Connexions and the School Nursing Service, and students all enjoyed visiting their stalls.

There were Sixth Form stalls too, plus a cake sale organised by Flo Tyrntania our Charity Prefect. The cake sale raised just over £100 for Hector's House and the Samaritans.

Thank you to everyone who attended!

Mrs K. Southall and Mrs J. Jaswal



## Dates for Your Diary

**29th October to 2nd November**

Half Term

**Tuesday 6th November**

- Year 13 Resilience Workshop at Hitchin Girls' School
- Year 12 & Year 13 Senior UK Maths Challenge in the Main Hall
- A-Level English Conference 'Aspects of Tragedy'

**Wednesday 7th November**

Post 16 Geography A-Level Trip

**Thursday 8th November**

- Year 13 Consultation Evening 4.30-7.30pm
- Duke of Edinburgh's Award Session

**Friday 9th November**

- Student Service Uniform Day
- Year 11 Initial Options to Co-Ordinator

**Monday 12th November**

RA Week - The £1 Challenge

**Thursday 15th November**

- Duke of Edinburgh's Award Session
- Year 10 Skills Show Trip, Birmingham

**Friday 16th November**

Learning Day (Whole School)

## SPORTS FIXTURES

Please see page 5 for a list of sports fixtures.

# Teaching and Learning

## PHOBIA WORKSHOP AT LONDON ZOO FOR TPS PSYCHOLOGY STUDENTS

On Monday 15th October Year 12 and Year 13 Psychology students headed off to London Zoo for a Phobia Workshop. The day was split into two lecture-style sessions, with a little free time in between to visit the residents of the zoo.

The sessions were run by John Clifford who operates the 'Friendly Spider Programme' at the zoo and has over 40 years' experience helping individuals overcome arachnophobia. John shared his experiences and entertained us with tales of the huge impact that phobias can have on the lives of individuals. One lady found herself unable to leave her hotel room as there was a spider between her and the door, so instead she jumped from a second-floor window. Whilst another called her husband home from work to urgently deal with a spider in the living room only for him to find it was a piece of fluff! Students learned about the formation of phobias and how these can often generalize to other similar objects.

After lunch we returned to the lecture theatre to find out the different ways that phobias can be treated. After talking through a number of different methods, everyone who wanted to join in was treated to a demonstration of hypnotherapy. Far from the Hollywood-style spectacles, we were told that this was actually a deep state of relaxation in which our minds became more suggestible. After just 15 minutes (although to most of us it felt more like five) we were 'woken' up. All students were then given the opportunity to meet and handle the star of the show: Rosie the Mexican Tarantula (see picture below). It was incredible to see some students surprising even themselves by holding and stroking Rosie.

An excellent day out and a true demonstration of psychology in action.

Mrs A. Willcox, Psychology & Sociology Department



## YEAR 11 MENTORING PROGRAMME

On Tuesday 16th October we launched our Year 11 Mentoring Programme in conjunction with Tilehouse Rotary.

We have 13 local business people working with some of our Year 11 students to support them through the often daunting decisions about their future – Sixth Form? Apprenticeship? University? Career path?

Our Year 11s have taken to this with maturity and enthusiasm and we are looking forward to cementing these relationships and continuing with this programme again next year.

Thank you to all the external mentors and the Year 11s for such a great launch event!

Mrs K. Southall & Mrs S. Emler

# Teaching and Learning

## SECOND 'NAVIGATE' EVENING: PARENTING AND THE TEENAGE BRAIN – WEDNESDAY 21ST NOVEMBER

A letter has been sent out today about the second 'Navigate' evening, which is taking place from 7.30pm to 9.30pm on Wednesday 21st November at Hitchin Boys' School. This will be an evening of practical and inspiring ideas to understand the teenage brain and the implications. A number of questions will be explored, including:

- What is going on in the teenage brain and how can that help us understand some of why teenagers act the way they do?
- How do teenagers experience the world differently from adults?
- How do we help our teenagers navigate what can be a very stormy time?

There will also be some general helpful parenting tips and encouragement.

The session will be delivered by Matt Summerfield and Dr Kate Middleton from Zeo Church. Matt and Kate are popular speakers and authors who are passionate about equipping people to thrive in life.

Should you wish to attend, please just come along. Everyone is welcome. There is no need to book or confirm your attendance for the evening. If you would like further information pertaining to this event or future events, please contact Mrs Southall via email ([katie.southall@priory.herts.sch.uk](mailto:katie.southall@priory.herts.sch.uk)) or see [www.zeochurch.com/navigate](http://www.zeochurch.com/navigate).

## CHARITY WEEK

Our first 2018-2019 Charity Week has now been launched in assemblies. It is for Children in Need and starts on Monday 19th November. We are a proud BBC partner school, so any money we raise will be matched by Lloyds Bank! Last year we raised just over £2,000 and we are hoping to re-create this success this year.

All week there will be exciting events going on such as a lip synch battle, cake sales galore, a 'golden ticket' raffle and of course our Non-Uniform Day on Friday 23rd November – don't forget to bring in £1! I wonder if Pudsey will visit us again this year?! Fingers crossed!

Mrs K. Southall



# Sports News

## CHARITY FOOTBALL MATCH - TEAM OMAR VS .TEAM COVERDALE - WEDNESDAY 10TH OCTOBER 2018



### KICK OFF

After much anticipation, Mr. Omar got us underway in the sports hall. His team were looking to be victorious over Team Coverdale for the second time, following last year's draw which was decided on penalties - Mr Parmar scoring the winning spot-kick.

Team Coverdale were on the front foot straight away, with Mr Ankers setting up Miss Jones, but she blasted the ball over. Former Arsenal Ladies star Miss Churchman featured for Team Coverdale in a defensive role, and took it upon herself to tell everyone on her team—and referee Mrs Emler - what they should be doing. Mr Ankers and Mr Rainforth looked a deadly duo in attack, and the latter tried a shot from the halfway line, but Mr Mayers will claim he had it covered as the ball narrowly missed the target.

Much to the disappointment of some fans (and delight of others), Mr Omar was struggling and his opposite captain Mr Coverdale was leading an attacking team with a defence that looked strong. Mr Stranks impressed in defence and kept a close eye on Blackpool fan Omar. Then the crowd got even louder - Mr Rainforth cut inside and his rabona was saved (not something that you would see every day in the Geography Department) and Miss Churchman put the ball wide with the goal gaping. Then, out of nowhere, the ball bounced up in the air and Mr Parsons struck it brilliantly past the shocked Coverdale in goal. 1-0 to Team Omar!

In other news, Mr Rainforth has broken his glasses and it's half time.

### HALF TIME - TEAM OMAR LEAD 1-0

Dr Blackford has come on for Team Coverdale much to the delight of the large crowd in the sports hall. However, his impact was little apart from some tidy passes. Suddenly, Miss Churchman has a penalty! The referee gives in to all of her shouts and complaints, but Mr Mayers saves it! Mr Omar and his team breathe a sigh of relief. Mr Hankin's first major action is being nutmegged by Mr Stanks. The crowd I was sitting with noticed how concentrated the history teacher was, but maybe he was channeling his anger at Hankin's shirt choice. (He was only allowed to wear his Liverpool kit as the organiser, Rowan Scourfield, is a Liverpool fan.) Disgraceful. If the nutmeg wasn't enough entertainment, Mr Omar went on a mazy run...

He danced around defenders...

He went one way then the other...

Stepovers and tricks...

Then he fell over. What a goal that would have been, but no complaints from Team Coverdale or any of the students who were looking forward to reminding their PE teacher of his slip - "Nice trip Sir?"

Following that, Dr Blackford tries a backheel and Mr Rainforth is booked, but nobody is sure what for. After five minutes of tricks and comedy moments, we are treated to two goals in two minutes. Mr Ankers bagged the goal he deserved and Mr Omar scored moments after the equaliser to make it 2-1 to his team. Game on!

# Sports News

Both Miss Jones and Mr Cane come close to scoring - Miss Jones hits the post - but then the save of the match comes from Mr Coverdale, who dives down to his left to deny Mr Omar. Even Omar applauded the save, it was **that** good. Miss Churchman is then shoved over and Miss Emler gives a penalty. Churchman lets Mr Rainforth take it, which was a good decision as he smashed it home. 2-2.

FULL TIME 2-2 IT'S GOING TO PENALTIES!

Key: Purple =Team Coverdale; Blue = Team Omar

Miss Jones X Saved by Mr Omar

Mr Cane X

Miss Chuchman X Saved by Mr Omar

Mr Hankin Goal - In off the crossbar

Mr Stranks Goal

Mr Parsons X Saved by Mr Omar

Mr Ankers Goal

Mr Mayers Goal

Dr Blackford Goal

Miss Armitage Goal

Mr Coverdale X

Mr Omar X

Mr Rainforth has his penalty saved, and Mr Cane slams the ball past Mr Coverdale to seal the win for Team Omar!

Player ratings:

Team Omar	Team Coverdale
Mr Omar 6.5	Mr Coverdale 7.5
Mr Hankin 5	Mr Stranks 8
Mr Parsons 8	<b>Mr Ankers 9</b>
Mr Mayers 7	Mr Rainforth 8
Mrs Armitage 5.5	Miss Jones 6
Mr Cane 6	Miss Churchman 7
	Dr Blackford (sub) 4.5

Man of the match - Mr Ankers!

Thank you very much to Rowan Scourfield 9LB and Mrs Emler for organising this fantastic event.

By Freddie Cardy 10AR

## FIXTURES

### Tuesday 6th November

Senior netball tournament at The Priory School (H)

Year 7 football match (friendly) vs The Thomas Alleyne Academy (H)

### Wednesday 7th November

Year 8 football match vs Fearnhill School (A)

U13 girls football vs The Nobel School (H)

### Thursday 8th November

District cross country at Fairlands Valley Park

Year 9 basketball vs Hitchin Boys' School (A)

### Tuesday 13th November

U14 girls football vs Hitchin Girls' School (H)

### Thursday 15th November

Year 7 netball (H)

Senior basketball vs St Christopher School (H)

Girls badminton at Knights Templar School



# Local Half Term Events



## COOKERY Camps

Holiday cookery camp for boys & girls aged 4-11  
featuring unique food adventures each day!

October Half Term camp in HITCHIN  
October 29 - 31 2018  
Monday - Wednesday | 9am - 5pm

Kitchen skills • Science experiments • Ingredient talks  
Seasonal decoration • Visitors & trips • Planting & growing  
Food art • Flavour mixing • Star bakes • Lots of tasting  
**Please DON'T pack a lunch (or tea) - all meals included!**

### Firecrackers!

- **Food Focus** - Our favourite 60 TO recipes & foods | Traditional UK Foods (Welsh, Irish, Scottish, English) | Halloween Party | Spice of life: how spices flavour our favourite foods
- **Tackle it** - Transition Foods - from season to season | Fun with food | Soups

£40  
per cook  
per day

Get in touch to book your child's place:  
[www.cookeryeatery.co.uk](http://www.cookeryeatery.co.uk)  
[info@cookeryeatery.co.uk](mailto:info@cookeryeatery.co.uk)  
07795 627 492



## COOKERY Camps

Holiday cookery camp for boys & girls aged 8-16  
featuring unique food adventures each day!

October Half Term camp in LETCHWORTH  
November 1-2 2018  
Thursday - Friday | 9am - 5pm

Kitchen skills • Science experiments • Ingredient talks  
Seasonal decoration • Visitors & trips • Planting & growing  
Food art • Flavour mixing • Star bakes • Lots of tasting  
**Please DON'T pack a lunch (or tea) - all meals included!**

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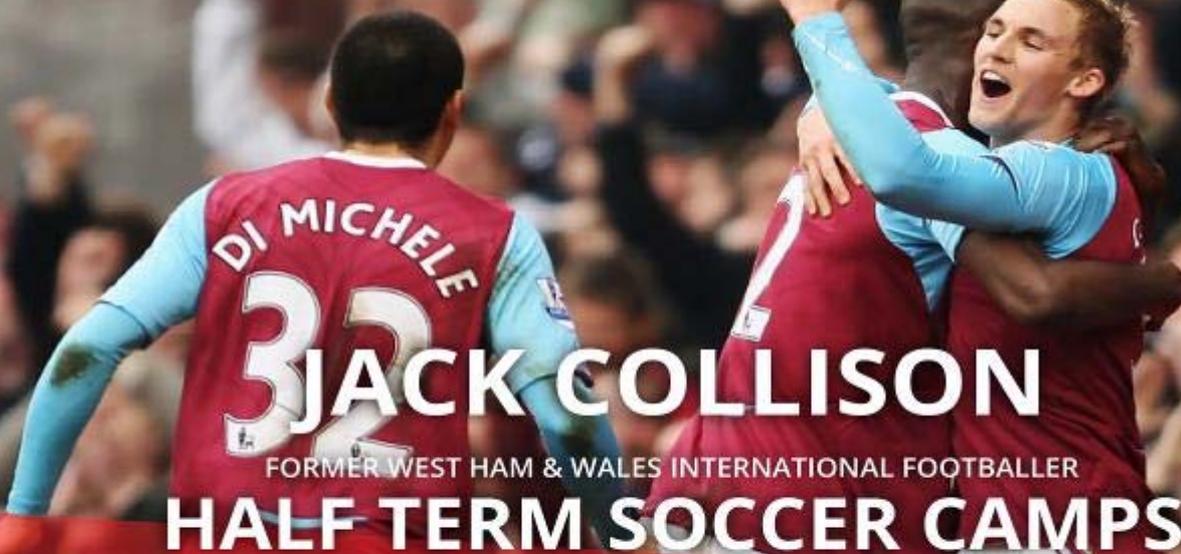
£50  
per cook  
per day

Get in touch to book your child's place:  
[www.cookeryeatery.co.uk](http://www.cookeryeatery.co.uk)  
[info@cookeryeatery.co.uk](mailto:info@cookeryeatery.co.uk)  
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JACK COLLISON  
SOCCER SCHOOL

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# JACK COLLISON

FORMER WEST HAM & WALES INTERNATIONAL FOOTBALLER

## HALF TERM SOCCER CAMPS

ROBERT BLOOMFIELD ACADEMY, SHEFFORD, SG17 5BU  
24TH, 25TH AND 26TH OCTOBER

BOOK TODAY AT [WWW.JACKCOLLISONSOCCERSCHOOL.COM](http://WWW.JACKCOLLISONSOCCERSCHOOL.COM)

10AM - 3PM OPEN TO ALL BOYS AND GIRLS AGED 5-14, £60 FOR 3 DAYS, 1 OR 2 DAYS OPTIONS AVAILABLE. EARLY BIRD DISCOUNT - SEE WEBSITE.  
EARLY AND LATE PICKUP AVAILABLE.



# Local Half Term Events



## HALF TERM CAMP

**OCTOBER 31<sup>ST</sup> - NOVEMBER 2<sup>ND</sup>**  
OAKLANDS COLLEGE SPORTSZONE, ST ALBANS, AL4 0JA

**AGE 5 - 16**

**TIME:**  
9.30AM - 3.30PM  
(early drop off available from 9.00am and late pick up 4.00pm for an additional £2.50)

**PRICE:**

<b>All Club Members</b>	<b>Non-Club Members</b>
<b>£20/day, £50 for 3 days</b>	<b>£25/day, £62.50 for 3 days</b>
(10% Sibling discount available on three-day bookings only)	

For more information and to book your place, please visit  
[www.oaklands.ac.uk/news-events/events](http://www.oaklands.ac.uk/news-events/events)

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### MULTI-SPORTS CAMP

HITCHIN GIRLS SCHOOL

A fun, action packed day of sports activities for children aged 5-14

**Activities include:**

Obstacle courses, **WATER FIGHT FRIDAY**, Den building, **ULTIMATE FRISBEE**, Badminton, **KWIK CRICKET**, Football, **BASKETBALL**, Bench ball, **ATHLETICS**, Dodgeball, **UNI-HOCKEY**, Parachute games & more...

**Autumn Half-Term 2018:**  
**29th October – 2nd November**

Full day £24: 9am - 4pm  
Early drop £5: 8am - 9am  
Late stay £5: 4pm - 5pm  
Half day £16: 9am - 12noon or 1pm - 4pm

**TO BOOK OR FOR MORE INFORMATION:**  
[www.uplaysports.co.uk](http://www.uplaysports.co.uk)  
Email - [office@uplaysports.co.uk](mailto:office@uplaysports.co.uk)  
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## October Half Term Netball Camp 2018!

Led by expert Netball Coaches!

### uPlay Sports Netball Camp

Hitchin Girls School  
Highbury Road, Hitchin, SG4 9RS

**Friday 2<sup>nd</sup> November 2018**

**10am- 3pm**

Qualified UKCC netball coaches and DBS checked. First Aiders on site

**Ages 8-13 (School Years 3 to 8)**

**Cost: £35**

**BOOK NOW!**

Go to [www.uplaysports.co.uk](http://www.uplaysports.co.uk) to secure your place on this course and for more information or contact Sophia on **07932 246309** or email [office@uplaysports.co.uk](mailto:office@uplaysports.co.uk)



## SUPPORTING CHILDREN & YOUNG PEOPLE WITH LOSS & BEREAVEMENT

WEDNESDAY 30TH OCTOBER  
6:30-8:30PM  
AT THE LETCHWORTH CENTRE  
Cost £8

Book online at <https://www.leitchworthcentre.org/classes/lunchtime-talks-and-workshops/>  
or call the Letchworth Centre on 01462 678804

*The aim of this training is to discuss the impact of bereavement and loss on children & young people; including divorce and separation.*

*The session includes an overview of the psychological stages of loss and will explore strategies and ways of supporting children & young people who are going through this process.*



## Bereavement Support Group for Children and Young People

Stand-by-me Children's Bereavement Service is offering bereaved children, young people and their families the opportunity to take part in a free support group for Secondary-aged children...

The sessions will be chance to:

- ✦ meet with other bereaved children and their families
- ✦ to have fun
- ✦ create and share memories about the person who died
- ✦ take part in activities
- ✦ learn about new ways that families and children can support each other.

Venue: Stevenage or other venues in North Herts

Dates: 6 consecutive Saturdays starting November 2018  
(exact dates TBC)

The sessions last for one and a half hours and are run and supervised by experienced volunteer bereavement supporters.

For more information please call  
07469 255139 or  
email [info@stand-by-me.org.uk](mailto:info@stand-by-me.org.uk)

To find out more about Stand-by-me Bereavement Support visit  
[www.stand-by-me.org.uk](http://www.stand-by-me.org.uk)



Registered Charity: 1161035

## A FAMILY EVENING OF FIREWORKS SUN 4TH NOV. HITCHIN PRIORY

Supporting  
The Road Victims Trust



Use the bins LOVE HITCHIN

BEER TENT

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IN ADVANCE Adults=£6 Under 14=£3

ON THE GATE Adults=£8 Under 14=£5

LOCATION: HITCHIN PRIORY, TILEHOUSE ST, SG5 2DL

GATES OPEN: 4:00pm FIREWORKS 7:00pm

## DISCOVER YOUR FUTURE

Visit our open event at our Hitchin, Stevenage and Engineering & Construction Campuses.

You can find out more on courses take a look at [www.nhc.ac.uk/courses/](http://www.nhc.ac.uk/courses/)

19th  
NOV  
2018  
5pm –  
7.30pm

# OPEN EVENT



NORTH  
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