



# The Priory School

Educating Students for Success in Life

The Priory School  
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Headteacher: Mr Geraint Edwards

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17<sup>th</sup> December 2018  
KT/JW

Dear Parent / Carer

## Hitchin Schools partnering with Zeo Church to support parents – Wednesday 23<sup>rd</sup> January 2019

We are excited to announce a series of inspiring evenings in partnership with Zeo Church (previously known as Hitchin Christian Centre). The series of evenings are called 'Navigate' and focus on some of the key issues facing young people today. The evenings are suitable for parents, carers, teachers and teenagers.

The third session of the 'Navigate' series is taking place on Wednesday 23<sup>rd</sup> January 2019. The session is being held at Hitchin Girls' School at 7.00pm. The evening will explore practical and inspiring ideas on handling stress, how to rest and get better sleep. The evening is aimed at anyone who has a role in supporting young people, for example parents and teachers. Whilst the content of the evening will have a particular focus on helping young people navigate the journey from childhood to adulthood, many of the principals explored will be helpful to people of all ages.

The format of the evening will be:

7.00 – 7.30pm – Open Doors  
7.30 – 8.15pm – Session 1  
8.15 – 8.30pm – Refreshments  
8.30 – 9.15pm – Session 2  
9.15 – 9.30pm – Q&A and wrap up

Should you wish to attend this event, please just come along! Everyone is welcome! There is no need to book or confirm your attendance for the evening.

If you would like further information about this event, or future events please contact Mrs Southall via email [katie.southall@priory.herts.sch.uk](mailto:katie.southall@priory.herts.sch.uk). Alternatively please click on the following link for further information - [www.zeochurch.com/navigate](http://www.zeochurch.com/navigate).

We look forward to welcoming you to The Priory School on Wednesday 23<sup>rd</sup> January 2019!

Yours faithfully

**Mrs K. Southall**  
Assistant Headteacher