

The Priory School

Educating Students for Success in Life

The Priory School Bedford Road Hitchin Hertfordshire SG5 2UR

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> 20th January 2020 KS/JW

Dear Parent / Carer

Parent Information Evening – The Teen Brain – Wednesday 26th February 2020

Our next Parent Information session, titled 'The Teen Brain' is on Wednesday 26th February 2020 at 6.30pm. The session should finish by approximately 8.30pm.

The session will be delivered by Professor John Coleman. Dr Coleman is a psychologist with a long-standing interest in adolescence. He has had many different roles in his career, including running a therapeutic community for troubled teenagers, acting as Director of a research centre, advising Government as a civil servant and taking various academic posts. Most recently he was a Senior Research Fellow in the Department of Education, University of Oxford (2006-2015).

The session will last for approximately 2 hours and is suitable for all parents and carers of teenagers. The workshop will be interactive, with lots of opportunity for discussion. There will be a presentation on the teenage brain, together with activities for the participants.

The workshop will cover:

- The main changes in the brain during the teenage years;
- Hormones
- Risky behavior
- The social brain
- Sleep
- The role of parents and other adults.

Please be aware that this session has been moved from Tuesday 5th May to this new date of Wednesday 26th February.

If you wish to attend this session, please book your space using the following link: Book your place here

I look forward to seeing you at the session.

Yours faithfully KMOUMOUS

Mrs K. Southall Assistant Headteacher