

The Super Curriculum

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Super curricular activities are those that take your regular curriculum further. They take the subjects you study in the classroom beyond that which your teacher has taught you or what you've done for home learning. For example, you may go into more depth on something you picked up in the classroom or learn about a new topic altogether.

These activities are normally in the form of extra reading, but they can take many other forms, like watching videos online, downloading podcasts, attending lectures, visiting museums or entering academic competitions.

Engaging in super curricular activities will help you develop a love for your favourite subject or subjects. In this booklet, there are a range of activities, suggested by your teachers. They are by no means exhaustive lists but should get you started.

We encourage you to share ideas and opportunities you come across with your teachers so that, over time, the recommended activities in this booklet can grow.

In the future, employers or universities will be interested to hear about what super curricular activities you have engaged in; they will be interested in what you have learnt and impressed by your efforts.

Super Curriculum – Year 7 Subject: Music

	SC1		SC3		SC5
1	Compete in Sandringham's battle of the Bands	1	Join a group or choir at Sandringham and perform in a concert	1	Perform a solo or small ensemble piece in Junior Recital
	Listen to how Paul Simon's album Graceland uses influences from African music and write an album review	Q,	Choose one of the works featured in the BBC 10 pieces to listen to and research and create a fact sheet on it	Q,	Choose a blues musician to research in more detail and write a short article on their life and music.
•	Watch 'Why we love repetition in music' by Elizabeth Hellmuth Margulis on the TedEd website	•	Watch School of Rock!	•	Watch 'Into the Woods' on www.digitaltheatreplus.com
1	Write a song for Battle of the Bands	1	Enter the Cambridge composer competition	Ÿ	Teach somebody else an instrumental skill. For example, how to play the ukulele or the piano
9	Visit the Hornimann Museum in London	♀	Attend a concert, show or live performance	Q	Attend an external workshop, for example the Herts songwriter workshops

m	Reading task		Writing task
3	Listening task	•	Watching task
Q	Research task	0	Trip or visit
1	Creative task	Q:	Student led task

Super Curriculum – Year 9 Subject: Music

	SC1		SC3		SC5
	Write about how music affects our brains by watching 'How playing an instrument affects your brain' by Anita Collins on TedEd as a starting point	Q,	Research Bob Marley and the influence he had on social and political change	Q	Research the work of John Williams or Danny Elfman in more detail by listening to different film scores and researching their lives.
Q	Attend a concert, show or live performance	>	Use Logic to create a film soundtrack to a film clip of your choice.	1	Enter St. Albans Young Musician of the Year or perform in Junior Recital Perform a solo or small ensemble piece in Junior Recital
•	Watch 'Getting started as a DJ: Mixing, mashups and digital turntables' on the TedEd website	•	Watch West Side Story and The Music Man which were released in the same year but are very different. Which one is your favourite?	Q	Audition for a County ensemble or choir
Ÿ	Sign up to perform as a busker for Arts Week or Open Evening and organise your own rehearsals, set list and musical arrangements	Ÿ	Teach somebody else an instrumental skill. For example, how to play the ukulele or the piano	Ÿ	Organise your House Music entry
1	Compose or arrange a song to be performed by Sandringham Band	1	Enter an external composition competition. For example, the Cambridge composer competition or the Herts Songwriter.	○↑	Complete the Silver Arts Award

	Reading task		Writing task
3	Listening task	•	Watching task
Q	Research task	0	Trip or visit
1	Creative task	Q:	Student led task

Super Curriculum – Year 10 Subject: Music

	SC1		SC3		SC5
9	Listen to Pie Jesu from Faure's Requiem and compare it to Verdi's Pie Jesu.	ŷ	Listen to the album, Supernatural by Santana	ŷ	Listen to Aaron Copland's Fanfare for the Common Man. What is the most striking musical feature?
•	Watch Lang Lang performing a selection of Chopin's piano music.	•	Watch some live classical music	₽Î	Create a timeline of the different musical styles
Q	Research the differences between Latin musical dance styles (tango, salsa, samba and bossa nova)	Q,	Choose from the following contemporary British composers and produce a short biography: - Malcolm Arnold - Benjamin Britten - Peter Maxwell Davis - John Tavener	1	Write a glossary of musical terms and definitions
1	Write a song based on the topic you are currently studying.)	Enter the Cambridge composer or the Herts Songwriter competition	1	Audition for a County or Music School group or choir
Ÿ	Lead your House Music event	Ÿ	Give a friend music lessons on the instrument you play	Ÿ	Lead a music group or choir and perform in a concert

	Reading task	Bi	Writing task
D	Listening task	•	Watching task
Q	Research task	0	Trip or visit
1	Creative task	Q:	Student led task

Super Curriculum – Year 11 Subject: Music

	SC1		SC3		SC5
₽ĭ	Writing a concert review for the Sandprint or Ignite		Watch a music documentary by Alex Ross or Howard Goodall.		Watch the video from the World Science Festival with Bobby McFerrin, 'The power of the pentatonic scale.'
1	Enter the Cambridge composer, the Herts Songwriter or the St Albans Young Musician of the year competition	\	Audition for a County or Music School ensemble or choir	\	Compose a short minimalist piece in the style of John Adams or Steve Reich
•	Explore Digital Theatre Plus and watch at least one performance	9	Listen to another Haydn Symphony and compare it to The Clock. Which one do you prefer?	•	Watch some live classical music
♥	Go to a concert or workshop at the Royal Albert Hall, Southbank Centre or Barbican		Create a playlist for each area of study and musical style you are studying, that could be passed onto Year 10 students as recommended listening	9	Listen to the Hamilton soundtrack. How has hip hop influenced the score? How is different from Broadway in the 1950s and 60s?
1	Learn to play the following from Sgt. Pepper's Lonely Hearts Club Band: • With a Little Help from My Friends • Within You, Without You • Lucy in the Sky With Diamonds	② ② Q	Explore the Classic FM website and listen to at least five composers that are new to you.	***	Lead a music group or choir and perform in a concert

	Reading task		Writing task
9	Listening task	•	Watching task
Q	Research task	0	Trip or visit
1	Creative task	·Q	Student led task