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# The Super Curriculum

# **The Super Curriculum**

Super curricular activities are those that take your regular curriculum further. They take the subjects you study in the classroom beyond that which your teacher has taught you or what you've done for home learning. For example, you may go into more depth on something you picked up in the classroom or learn about a new topic altogether.

These activities are normally in the form of extra reading, but they can take many other forms, like watching videos online, downloading podcasts, attending lectures, visiting museums or entering academic competitions.
















Engaging in super curricular activities will help you develop a love for your favourite subject or subjects. In this booklet, there are a range of activities, suggested by your teachers. They are by no means exhaustive lists but should get you started.









We encourage you to share ideas and opportunities you come across with your teachers so that, over time, the recommended activities in this booklet can grow.

In the future, employers or universities will be interested to hear about what super curricular activities you have engaged in; they will be interested in what you have learnt and impressed by your efforts.

# Super Curriculum – Year 7
















## Subject: P&E









SC1		SC3		SC5	
	<b>Religious stories</b> – read some stories from the interactive Sacred Texts featured in the British Library		<b>Key religious principles</b> , thinking about showing care and compassion for others – Read Wonder by R J Palacio		<b>Ethics:</b> Read chapters you are interested in Philosophy Files by Stephen Law
	<b>Introduction to the five major world religions.</b> Watch  <a href="https://blogs.bl.uk/digitisedmanuscripts/sacred-texts-1/">https://blogs.bl.uk/digitisedmanuscripts/sacred-texts-1/</a>		<b>Judaism – Moses and the Exodus</b> - Watch Dreamworks 'Prince of Egypt' film.		<b>Philosophy - How do you know anything:</b> Watch Ted Ed lectures The Big Question and complete the quiz; you could do the dig deeper section.  <a href="https://ed.ted.com/lessons/mar-y-s-room-a-philosophical-thought-experiment-eleanor-nelsen">https://ed.ted.com/lessons/mar-y-s-room-a-philosophical-thought-experiment-eleanor-nelsen</a>
	<b>Christianity</b> - online research about Christian beliefs – use REQUEST website, information about Christian beliefs and values written from a Christian perspective –  <a href="https://request.org.uk/resource/">https://request.org.uk/resource/</a>		<b>Introduction to the Six Religions we study</b> – online research – choose the religion you want to research from this page:  <a href="http://www.primaryhomeworkhelp.co.uk/Religion.html">http://www.primaryhomeworkhelp.co.uk/Religion.html</a>		<b>Problem of Evil:</b> Online research – What happen in Ann Frank's life, how did she live and what were the issues they faced?  <a href="https://www.annefrank.org/en/anne-frank/secret-annex/">https://www.annefrank.org/en/anne-frank/secret-annex/</a>
	<b>Islam, Salat</b> - Listen to this Doctor explain how prayer fits in to her daily routine –  <a href="http://www.cardiff.ac.uk/centre-for-the-study-of-islam-in-the-uk/">http://www.cardiff.ac.uk/centre-for-the-study-of-islam-in-the-uk/</a>		<b>British heritage</b> - Listen to Benjamin Zephaniah's poem 'The British'. Either listen as you or a friend reads it out loud –  <a href="https://www.poemhunter.com/poem/the-british/">https://www.poemhunter.com/poem/the-british/</a> Or listen on YouTube: <a href="https://www.youtube.com/watch?v=KPOAQmZ7gHg">https://www.youtube.com/watch?v=KPOAQmZ7gHg</a>		<b>Thinking</b> : try the art of meditation  <a href="https://www.youtube.com/watch?v=98ficcEu-ns">https://www.youtube.com/watch?v=98ficcEu-ns</a>
	<b>Living religion in the community</b> - Visit a Cathedral or similar centre of worship on holiday. Write a postcard explaining what you have seen.		<b>Living religion in the community</b> - Use St Albans Abbey website to see what events and exhibitions are being hosted locally –  <a href="https://www.stalbanscathedral.org/whatson/">https://www.stalbanscathedral.org/whatson/</a>		<b>Problem of Evil:</b> See the exhibition on the holocaust  <a href="https://www.iwm.org.uk/events/the-holocaust-galleries">https://www.iwm.org.uk/events/the-holocaust-galleries</a>

	Reading task		Writing task
	Listening task		Watching task
	Research task		Trip or visit
	Creative task		Student led task

# Super Curriculum – Year 8
















## Subject: P&E









SC1		SC3		SC5	
	<b>Philosophy:</b> Read chapters you are interested in in Sophie's World by Jostein Gaarder		<b>Christianity:</b> Read the Lion the Witch and the Wardrobe by C S Lewis		<b>Ethics:</b> Read chapters you are interested in Philosophy Files by Stephen Law
	<b>Existence of God:</b> Bruce Almighty – what does it teach about the nature of God?		<b>Philosophy - Are you real?</b> : Watch Ted Ed lectures The Big Question and complete the quiz, you could do the dig deeper section.  <a href="https://ed.ted.com/lessons/how-do-you-know-you-exist-james-zucker">https://ed.ted.com/lessons/how-do-you-know-you-exist-james-zucker</a>		<b>Philosophy</b> - How do you know anything: Watch Ted Ed lectures The Big Question and complete the quiz, you could do the dig deeper section.  <a href="https://ed.ted.com/lessons/mary-s-room-a-philosophical-thought-experiment-eleanor-nelsen">https://ed.ted.com/lessons/mary-s-room-a-philosophical-thought-experiment-eleanor-nelsen</a>
	<b>Ethics</b> - Utilitarianism: Find out more on this theory, what are its strengths and weaknesses for modern society  <a href="https://www.bbc.co.uk/ethics/introduction/sequentialism_1.shtml">https://www.bbc.co.uk/ethics/introduction/sequentialism_1.shtml</a>		<b>Plato:</b> Watch and think about how this fits into the bigger picture of Plato's cave  <a href="https://www.youtube.com/watch?v=MgotDFs6cdE">https://www.youtube.com/watch?v=MgotDFs6cdE</a>		<b>Problem of Evil:</b> Online research – What happen in Ann Frank's life, how did she live and what were the issues they faced?  <a href="https://www.annefrank.org/en/anne-frank/secret-annex/">https://www.annefrank.org/en/anne-frank/secret-annex/</a>
	<b>Philosophy:</b> Get the bigger picture on the history of philosophy.  <a href="https://www.youtube.com/watch?v=VDiyQub6vpw&amp;list=PLwxNMb28XmpfEr2zNKQfU97eyEs70krSb">https://www.youtube.com/watch?v=VDiyQub6vpw&amp;list=PLwxNMb28XmpfEr2zNKQfU97eyEs70krSb</a>		<b>Philosophy</b> : Listen and get the bigger picture on whether we have free speech  <a href="https://philosophybites.com/podcast/tim-scanlon-on-free-speech/">https://philosophybites.com/podcast/tim-scanlon-on-free-speech/</a>		<b>Thinking</b> : try the art of meditation  <a href="https://www.youtube.com/watch?v=98ficcEu-ns">https://www.youtube.com/watch?v=98ficcEu-ns</a>
	Science and Religion : plan a visit to the science museum to see if they have all the answers.  <a href="http://www.sciencemuseum.org.uk/">http://www.sciencemuseum.org.uk/</a>		<b>Philosophy and Ethics:</b> Use the website to plan a trip  <a href="https://www.freud.org.uk/">https://www.freud.org.uk/</a>		<b>Problem of Evil:</b> See the exhibition on the holocaust  <a href="https://www.iwm.org.uk/events/the-holocaust-galleries">https://www.iwm.org.uk/events/the-holocaust-galleries</a>

	Reading task		Writing task
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# Super Curriculum – Year 9, 10 & 11

## Subject: Philosophy & Ethics

SC1		SC3		SC5	
	<b>Women and the Church:</b> Read Chapter 13 of Bible Matters by Peter and Charlotte Vardy		<b>Christianity:</b> Read Chapter 2: From the Beginning of the Universe of The Puzzle of Christianity by Peter and Charlotte Vardy		<b>Islam:</b> Read the BBC Bitesize page on Good and Evil  <a href="https://www.bbc.co.uk/bitesize/topics/z27spbk">https://www.bbc.co.uk/bitesize/topics/z27spbk</a>
	<b>Euthanasia:</b> Watch the Ted Talk, Beyond Life: Managing Your Right to Die by Dr. Allan Saxe  <a href="https://www.youtube.com/watch?v=B7ehf6CmG4Y">https://www.youtube.com/watch?v=B7ehf6CmG4Y</a>		<b>Christianity:</b> Watch 'A.J. Jacobs: My year of living biblically'  <a href="https://www.youtube.com/watch?v=B5MkpzMAOZM">https://www.youtube.com/watch?v=B5MkpzMAOZM</a>		<b>Islam:</b> Watch the TedTalk on Islamophobia, what do you think when you look at me?   Dalia Mogahed  <a href="https://www.youtube.com/watch?v=wzkFoetp-M">https://www.youtube.com/watch?v=wzkFoetp-M</a>
	<b>Creation:</b> Online research on Genesis - Read and make your own notes on the different views. <a href="http://www.faradayschools.com/re-topics/re-year-10-11/ways-to-interpret-genesis/">http://www.faradayschools.com/re-topics/re-year-10-11/ways-to-interpret-genesis/</a>		<b>Christianity:</b> Online research – Look at the information on Why didn't Christianity die out in the 1st Century? You're your teacher why?  <a href="https://www.bbc.co.uk/teach/articles/z7vn7nb">https://www.bbc.co.uk/teach/articles/z7vn7nb</a>		<b>Beyond Belief:</b> Online research – Listen to this podcast and make notes.  <a href="https://www.bbc.co.uk/programmes/b006s6p6">https://www.bbc.co.uk/programmes/b006s6p6</a>
	<b>War and conflict:</b> Listen to the following Ted Talk What I saw in the war by Janine di Giovanni:  <a href="https://www.youtube.com/watch?v=k2hQL9Zrokk">https://www.youtube.com/watch?v=k2hQL9Zrokk</a>		<b>Christianity:</b> Listen to the podcast on 'The God Particle' – consider Is the "God particle" truly "a blow to the Christian faith?"  <a href="https://player.fm/series/science-scripture-salvation/does-the-god-particle-prove-the-big-bang">https://player.fm/series/science-scripture-salvation/does-the-god-particle-prove-the-big-bang</a>		<b>Islam:</b> Listen to the following podcast on the History of Islam  <a href="https://player.fm/series/becoming-a-better-muslim-islamic-self-improvement-quran-sunnah">https://player.fm/series/becoming-a-better-muslim-islamic-self-improvement-quran-sunnah</a>
	<b>GCSE:</b> Book yourself onto one of Peter Vardy's Candle Conferences  <a href="https://candleconferences.com/gc%20se-rs/">https://candleconferences.com/gc%20se-rs/</a>		<b>Christianity:</b> Plan a visit to the St Albans Cathedral St Albans AL1 1BY		<b>Islam:</b> Plan a visit to the St Albans Islamic Centre 141 Hatfield Rd, St Albans AL1 4JX

	Reading task		Writing task
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	Creative task		Student led task