



Supporting your child through their Psychology GCSE



The psychology exams

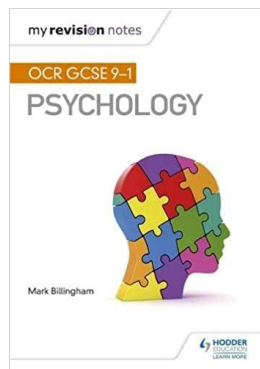
Paper	Paper	Length	%	Date	
1	Studies and applications in psychology 1	1 hr 30 mins	50	7/05/26	AM
2	2Studies and applications in psychology 1	1 hr 30 mins	50	14/05/26	PM

Useful websites:

- <https://www.ocr.org.uk/qualifications/gcse/psychology-j203-from-2017/>
- <https://www.youtube.com/channel/UCFPpP0C7JW0A3ItLndnLDNQ>

Revision Guides

This revision guide is specifically for the OCR GCSE psychology course and available from all good bookshops. Prices will vary so please shop around.



Exam Content

Paper One	<ul style="list-style-type: none"> • Criminal psychology • Development • Psychopathology • Research Methods
Paper Two	<ul style="list-style-type: none"> • Social Influence • Memory • Sleep and dreaming • Research Methods

Supporting with Revision

Revision is vital for all students but it can lead to a great deal of stress and anxiety . We've included some tips below for parents:

- Encourage your child to start revision early.
- Encourage your child to be organised and use a revision timetable. Plan in advance which specific topics they are going to revise. They can do this on paper or using Google Calendar.
- Planning revision carefully including breaks is an important part of making it effective.
- Creating flash cards that summarise a key term, topic or theory can be effective but remember to keep going over these.
- Alternatively creating and re-creating mind maps can be a useful revision activity.
- Encourage your child to use a revision guide/website link from below.
- They can familiarise themselves with past papers and mark schemes on the exam board website (above).

Revision Sessions

Booster sessions are held weekly

Thursday 3.30 - 4.30pm F3

Come along with specific questions and queries. We will go over different topics each week.

Equipment for the exams

- Black pen
- Pencil
- Highlighter
- Ruler
- Calculator