



Supporting your child through their GCSE Physical Education



The Physical Education Exams

Supporting with Revision

Paper	Topics	Length	%	Date
1	Applied Anatomy & Physiology	1 hour 15	30	22nd May
2	Sports Psychology & Socio-cultural Influences	1 hour 15	30	1st June
NEA	Practical Assessment and Coursework	All Day	40	14th April

Revision is vital for all students. Preparation is key to success. We've included some tips below for parents:

- Encourage your child to start revision early
- Encourage your child to tackle the topics that they find more challenging.
- Encourage your child to be organised and use a revision timetable and also space out the different topics they study.
- Encourage your child to use revision guides. You can purchase online. We have also offered one through Scopay to all students currently doing GCSE PE
- Ask your child if you can help them: checking their knowledge, using flashcards to quiz them etc.
- Encourage your child to attend revision sessions
- Ensure your child has breaks, eats well and gets a work/life balance

Key Dates for GCSE Physical Education

23rd March	Year 11 Progress Check
12th March	All practical/NEA marks send to moderator
14th April	Practical Moderation - External Examiner
22nd May 1st June	Paper 1 and Paper 2 Exams
20th August	GCSE Results

Useful websites:

Bitesize GCSE PE AQA Link

[GCSE Physical Education - AQA - BBC Bitesize](#)

Kerboodle

<https://www.kerboodle.com/users/login>



Exam Content

Contacting the department

Paper One	Applied Anatomy & Physiology Movement Analysis Physical Training Use of Data
Paper Two	Sports Psychology Socio-cultural Influences Health, Fitness and Wellbeing Use of data

As a department we can be contacted via email

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